Building America’s Optimized Solutions for New Homes

Cold Climate

The U.S. Department of Energy’s (DOE’s) Building America program has been a source of innovations in residential building energy performance, durability, and affordability for over 20 years. This world-class research program partners with many of the top U.S. home builders, contractors, and manufacturers to bring cutting-edge construction and design solutions and resources to market.

The most recent goal of the Building America program is to demonstrate how cost-effective strategies can reduce home energy use by about 30%1 in new homes, in all climate regions, by 2015. As part of the strategy to prove that this level of performance is achievable in the market, DOE created a labeling program called the DOE Zero Energy Ready Home program.

Working together, Building America and the DOE Zero Energy Ready Home programs have created this series of optimized solutions to demonstrate how builders can achieve these high savings goals, cost effectively, in each climate zone.

Building America’s five major climate regions include: cold/very-cold, mixed-humid, hot-humid, hot-dry/mixed-dry and marine2. These climate regions are outlined in Figure 1, along with a map of the International Energy Conservation Code (IECC) climate zones as a reference for compliance information. This document outlines the Building America recommendations for achieving incremental savings in the cold climate region (approximately IECC zones 5-8).

Due to the tradeoff decisions that are made when building a home, there are hundreds of ways to meet Building America’s savings target. The package listed in Table 1, shows just one way to cost effectively meet this goal. The far right column provides options for common building practices that can be used to obtain each particular performance objective. Unless otherwise noted, the performance values in the table are minimums. In depth descriptions, installation guidance and code compliance information for most of the options listed in Table 1 are available on the Building America Solution Center (bacp.energy.gov).

Photo (top left): Leif Juell, Alternative Power Enterprises, Inc.
DOE’s Building America Solution Center

Decades of research in energy efficient design have led to the Building America Solution Center. Builders and contractors are encouraged to use this resource to improve the durability and performance of energy efficiency options listed in Table 1.

The Building America Solution Center provides access to expert information on hundreds of high-performance construction topics, including air sealing and insulation, HVAC components, windows, indoor air quality, and much more.

Users can navigate the Solution Center in one of four ways:
- Building components
- Labeling program checklists
- Alphabetically
- By publications

Registered users can also save customized content in their own field-kits!

Find what you are looking for on the Building America Solution Center website: basc.energy.gov

Table 1. Optimized Solution: Cold Climate

<table>
<thead>
<tr>
<th>Measure</th>
<th>Performance</th>
<th>Options</th>
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<tbody>
<tr>
<td><strong>THERMAL ENCLOSURE</strong></td>
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</table>
| High-R Ceiling         | R-49        | • Unvented Attics
• Spray Foam Underside Roof
• Spray Foam + Permeable Insulation
• Exterior Rigid Insulation Over Sheathing
• SIP Roof
• Vented Attics
• Blown-in or Batt Insulation |
| High-R Walls           | R-20 Cavity and R-10 Continuous | • Single-Wall Cavity Insulation with Advanced Framing
• Spray Foam
• Spray Foam + Permeable Insulation
• Exterior Rigid Insulation
• Double-Wall Cavity Insulation
• SIP Walls
• Insulated Concrete Walls |
| Basement Foundation    | R-15 Continuous or R-19 Cavity | • Exterior Rigid Foundation Insulation
• Interior Foundation Insulation
• Rigid Insulation plus Batt
• Cavity with Batt or Blown-in
• Shallow Frost-Protected Foundation |
| High-R Window          | U≤0.27 (R≥3.7) SHGC≥0.46 | • ENERGY STAR® Certified Window
• Ideally R-5 Window |
| Air Tightness          | ACH50≤2     | • Air Sealing
• Air Barriers |
| **HVAC SYSTEM**        |             |                                                             |
| Heating Equipment      | 94% AFUE (Gas), or 10 HSPF (Electric) | • Direct Vent Gas Furnace
• Air-Source Heat Pump
• Geothermal Heat Pump
• Ductless Mini-Split Heat Pump |
| Cooling Equipment      | 13 SEER     | • Air-Source Heat Pump/Air Conditioner
• Geothermal Heat Pump
• Ductless Mini-Split Heat Pump |
| Duct Location          | Conditioned Space | • Raised Ceiling
• Dropped Ceiling
• Buried and Encapsulated Ducts |
| Whole-House Ventilation | ASHRAE 62.2 5 cfm/W and 70% Heat Recovery | • Exhaust-Only Ventilation
• Supply-Only Ventilation
• Balanced Ventilation |
| **ENERGY EFFICIENT COMPONENTS** |             |                                                             |
| Water Heating          | EF 0.8      | • Gas Tankless
• Heat Pump Water Heater
• Solar |
| Lighting               | ENERGY STAR | • Compact Fluorescent Light (CFL)
• Light-Emitting Diode (LED) |
| Appliances             | ENERGY STAR |                                                             |
| Exhaust Fans           | ENERGY STAR | • Individual Room
• Central Exhaust |
| Ceiling Fans           | ENERGY STAR |                                                             |

Abbreviations: Solar Heat Gain Coefficient (SHGC), Annual Fuel Utilization Efficiency (AFUE), Heating Seasonal Performance Factor (HSPF), Air Changes Per Hour (ACH), Seasonal Energy Efficiency Ratio (SEER), and Energy Factor (EF).
The case studies in this section show real-world examples of how builders can meet (or even exceed) the savings target, even if they don’t meet all of the recommendations in Table 1. Tradeoff decisions are often based on local materials, labor costs, and market preferences.

**New Town Builders: Denver, CO**

For home builders, the mountain top is a net-zero energy home—a home so energy efficient that, with the addition of a few solar panels on the roof, it will generate as much power as it uses each year. Denver area’s New Town Builders has reached that summit. New Town announced in 2012 that every home it builds at Stapleton will earn a DOE Zero Energy Ready Home certification showing that it is a zero energy-ready home with a super-efficient building shell and all the wiring in place for installation of a rooftop solar photovoltaic system.

Over two decades of experience have taught New Town the value of considering duct layout early in the design process so that duct runs can be integrated into framing plans while there is an opportunity to make modifications if needed to allow for the shortest, most direct ducting possible. This, together with right sizing of the system, helps ensure the most efficiency and best performance in terms of comfort from the HVAC equipment.

See the full case study online:

**Transformations, Inc: Townsend, MA**

The eight homes built by Transformations, Inc., in a subdivision in Devens, MA, not only produce more energy than they consume, they are affordable for middleclass buyers.

“We have been working for years to drive down the cost of high-performance homes,” said company president Carter Scott. “It costs about $100 a square foot to build a code house here; our high-performance homes are only $1.43 above this [yes, that’s about a dollar and a half], including the land and driveway.” As a result, the first home was built and sold within 6 months, and the others were all sold or under agreement within a year of the first.

The outside wall is sheathed with a coated oriented strand board (OSB) product that serves as an air and moisture barrier and rain screen when the joints are sealed with the manufacturer’s proprietary tape. This coated sheathing replaces house wrap as the home’s weather-resistant barrier.

See the full case study online:

**Garbett Homes: Herriman, UT**

Completed in July 2013, the 4,111-ft² zero-energy home in Herriman, Utah (just outside Salt Lake City), is claiming two impressive firsts: the first DOE Zero Energy Ready Home production home certified in Utah and the first net zero-energy production home built in Utah.

Much of the planning and modeling involved a tightly sealed and highly insulated building envelope. “In our energy modeling, our input data required that the blower door test come in at 1.0 ACH 50 or lower,” said Damian Mora, an in-house energy coordinator for Garbett Homes. “Our final testing exceeded this mark, testing at 0.8 ACH 50.”

See the full case study at:
Preferred Builders, Inc: Old Greenwich, CT

The “Performance House” by Preferred Builders, Inc., the home has earned a host of green building awards and certifications including designation as the second home in the country to earn the DOE Zero Energy Ready Home certification.

Underneath its quaint exterior, the home is all 21st century performance, starting with footings made of concrete that has an additive to make it waterproof. At the top of the foundation walls, a copper flashing termite barrier was installed under the pressure-treated sill plate and wrapped up around the bottom of the rigid foam. Finally, the foundation walls were treated on the exterior with a rubberized spray-on waterproof coating.

All of the windows are low-emissivity, argon-filled with highly durable pultruded fiberglass frames. Windows on the north, east, and west have a U factor of 0.28 and a solar-heat gain coefficient of 0.27, while south-facing windows have a U value of 0.30 and an SHGC of 0.46. Deep 2-foot overhangs shade the windows from high summer sun but let in low winter sun. The roof uses “cool roof” shingles with a solar reflectance index of 29 that meets ENERGY STAR and LEED (Leadership in Energy and Environmental Design) for Homes criteria.

Through targeted research, industry partnerships, and collaboration with related DOE residential initiatives, Building America works to make cost-effective, energy-efficient homes a reality for all Americans.

Along with energy savings, the program also focuses on solutions that lead to:

- Risk identification and mitigation
- Improved indoor air quality, which can benefit occupant health
- Higher comfort levels in all rooms throughout the home
- Durable and moisture-resistant building designs and renovation
- Increased builder profitability through reduced construction time
- Opportunities for new product designs that save energy, material, and installation costs.

1 Compared to the most recent House Simulation Protocols, roughly consistent with IECC 2009 and updated lighting, appliances and miscellaneous electric loads: http://energy.gov/sites/prod/files/2014/03/f13/house_simulation_protocols_2014.pdf

2 A detailed description of Building America climate regions is available at http://energy.gov/eere/buildings/climate-zones

Find technical resources and learn how to become a Zero Energy Ready Home partner on the Building Technologies Office website:

http://energy.gov/eere/buildings/zero-energy-ready-home