Construct exterior walls with insulated concrete forms (ICFs) that provide insulation without thermal bridging, as well as air sealing, a drainage plane, and high structural strength.

- Install ICFs according to manufacturer’s specifications to provide a continuous air barrier and thermal boundary.
- Seal all seams according to manufacturer’s specifications to provide a weather-resistant barrier and drainage plane.

See the Compliance Tab for related codes and standards requirements, and criteria to meet national programs such as DOE’s Zero Energy Ready Home program, ENERGY STAR Certified Homes, and Indoor airPLUS.
Insulated concrete form (ICF) construction combines concrete and rigid foam for walls that are thick, sturdy, and continuously insulated. Studies comparing ICFs with stick-frame construction have shown that in otherwise identical homes, the ICF houses had a 9% better whole-wall R-value and were 10% more airtight (Christian 1996). ICF walls have almost no thermal bridging in the wall itself and, with proper design details, thermal bridging can be almost eliminated at the rim joist as well (Petrie et al. 2003; Desjarlais et al. 2002).

ICFs are typically made of pre-molded blocks or panels of rigid foam, which are assembled on site to create wall forms into which concrete is poured (Figure 1). The foam forms stay in place, providing permanent insulating foam layers on the interior and exterior of the wall. Foam blocks are typically comprised of two 2-inch-thick, 16 by 48-inch rectangles of foam that are connected by plastic, metal, or foam ties. The ties hold the foam panels 6 or 8 inches apart during the pour and remain in place afterward. The blocks are stacked like bricks to create the wall forms for the concrete. Steel rebar is added to the cavities for additional strength (Figure 2). Some ICFs come with plastic nailing strips embedded in their exterior surfaces. The foam is typically expanded polystyrene (EPS). Some ICF products use extruded polystyrene (XPS) foam, which is stronger but more costly. A few products are made with recycled foam or wood. Some ICF walls consist of two layers of concrete sandwiching a central layer of foam.

![Figure 1 - ICFs provide continuous wall insulation from the roof to footing with very little thermal bridging; the ICFs in this home in Las Vegas provide R-40 wall insulation.](image)

Common types of ICF walls are shown in Figures 3 and 4. A flat ICF wall system is a solid concrete wall of uniform thickness with sheets of insulation forming the interior and exterior surfaces of the system. The waffle-grid ICF wall system is a concrete wall composed of closely spaced vertical (maximum 12 inches on center) and horizontal (maximum 16 inches on center) concrete members with concrete webs between the members. The screen-grid ICF wall system is similar to a waffle-grid ICF wall system without concrete webs in between the vertical and horizontal members. The post-and-beam ICF wall system has vertical and/or horizontal concrete members spaced farther than 12 inches on center.

ICF systems are installed in a manner similar to masonry, starting at the corners and placing a layer at a time to build up the wall. Most manufacturers make specifically molded corner blocks that provide a continuous layer of foam around the corner to reduce thermal bridging there (Figure 5). Window and door openings must be framed with lumber (Figure 6). Lumber blocking is also needed where bearing pockets are required for floor or roof supports. Ledgers can be mounted to the blocks for attaching floor framing.

Once the forms are in place and braced, and required reinforcement is installed, concrete is pumped into the forms (Figure 7). Even with the bracing, the forms need to be filled at an appropriate rate based on the ICF manufacturer’s recommendations to prevent misalignment and blowouts. Form failures are rare when the manufacturer’s recommendations are followed. Reinforcement in both directions maintains the wall strength. A good item to have on hand when the concrete arrives is a blowout repair kit. Unless a self-consolidating concrete mix is used, concrete should be vibrated after pouring to remove trapped air as air pockets can lead to thermal bridging and weaken the cement (ICF Builder 2012).
Figure 2 - The ICF consists of wall forms made of rigid foam blocks or panels that are held in place with plastic or metal spacers and reinforced with metal rebar.

Figure 3 - Three common ICF wall systems: the flat wall, the waffle wall, and the post-and-beam wall.
**Figure 4** - Different types of ICF blocks.

**Figure 5** - The blocks stack to form walls. Special molded corners provide continuous insulation layer at the corners to improve structural strength and minimize thermal bridging.
Depending on the specific system, the walls may allow attachment of exterior and interior wall coverings directly to the wall with little or no modifications to the wall. After finishes are applied inside and out, typical final wall thickness is greater than 1 ft. This means that window and door surrounds may be wider than is typical for frame construction, resulting in deeper window sills.

**How to Install ICFs**

**Stacking (NAHB 2001)**

1. Place dowels (rebar) in footings, foundation wall, or slab as required.
2. Place temporary braces along the first course to align the ICF forms and to prevent movement.
3. Set blocks on concrete footings. Concrete can be recently placed and uncured.
4. Place termite shield.
5. Complete one course all the way around the building’s perimeter.
6. Stagger subsequent courses so that vertical foam joints do not line up from one course to the next. Make sure vertical and horizontal cavities line up. Set horizontal and vertical rebar as required.
7. Cut for openings as required (or cut out after entire wall is built).
   - Install bucks (2x4 or 2x6 wood framing) around the windows and doors as an attachment surface for windows and doors. A buck may be recessed, protruding, or “channel.” Use pressure-treated wood for window framing and all other wooden structural components of the house ([ICF Builder 2012, ICFA 2008](#)). EPS foam that is not specifically treated to repel termites is not “resistant” to tunneling termites. EPS provides no food value for termites; however, they will tunnel through it searching for food and a place to live. Alternatively for window framing, use prefabricated plastic or vinyl bucks. Check all dimensions twice to make sure the rough opening can accommodate the actual window size. Enlarging a rough opening after the concrete has set is costly.
8. Place intermediate floor connections and supports.
Place sleeve penetrations for dryer vents, electrical, HVAC, cable, telephone, solar, and plumbing services, and outside fixtures and outlets.

10. Locate and mark block beam pockets.

11. Reinforce and support the block brick ledge (if applicable).

Bracing

1. Brace the wall forms every 6 feet with strong temporary bracing to ensure they stay level, plumb, square, and straight during the concrete pour and to support the weight of the concrete until it achieves the desired strength. Bracing is needed at corners, window and door openings, periodically along the length of walls, and at the top of the forms. Window and door bucks are braced inside horizontally and vertically (see Figure 8). Top braces square the forms and provide a surface to check wall height and cut uneven blocks. Follow manufacturer’s recommendations completely.

![Figure 8 - The ICF walls of this home are braced to prepare for pouring the concrete.](image)

2. Place anchor bolts and ledgers as required. Floor system attachment options include ledgers, pockets, embedded joist hangers, or direct bearing. Ledgers may be made of wood that is either pressure treated or installed with a water-resistant membrane (Figure 9). Bolts and ledgers are placed before the pour, with foam cutouts around bolts to allow concrete to back up the ledger. (The ledger face must not “bear” only on foam.) Embedded joists require cutting out the foam and inserting wood spacers before the pour to create a pocket in which to seat the joist. Some code authorities also require the embedded joist to be fire-cut. See details provided by manufacturer.

3. Place sleeves for any services such as wiring and piping.

4.
Foam seal joints (possibly per course) to secure blocks until concrete is poured and to maintain airtight construction.

Figure 9 - Thermal bridging is eliminated at the rim joist with the use of joist ledgers that are anchored in the wall.

**Pouring (ICF Systems 2013)**

1. Go through the pre-pour checklist.
### Table 1. Pre-pour checklist

<table>
<thead>
<tr>
<th>Pre-Pour Checklist:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wall forms meet the design, drawings, and layout.</td>
</tr>
<tr>
<td>Wall forms are aligned level, plumb, square and straight and braced every 6 feet.</td>
</tr>
<tr>
<td>Wall heights meet the plans.</td>
</tr>
<tr>
<td>Window and door openings are located correctly.</td>
</tr>
<tr>
<td>Window and door bucks are braced inside horizontally and vertically every 2 feet,</td>
</tr>
<tr>
<td>and are square.</td>
</tr>
<tr>
<td>Window and door bucks are braced for plumb within the wall.</td>
</tr>
<tr>
<td>Window and door buck anchors are in place.</td>
</tr>
<tr>
<td>Intermediate floor connections are in place and supported.</td>
</tr>
<tr>
<td>Sleeve penetrations for dryer vents, electrical, HVAC, cable, telephone, solar,</td>
</tr>
<tr>
<td>and plumbing services are in place.</td>
</tr>
<tr>
<td>Penetrations for outside fixtures and outlets are in place.</td>
</tr>
<tr>
<td>Beam pockets are located and marked.</td>
</tr>
<tr>
<td>Brickleave (if applicable) is reinforced and supported.</td>
</tr>
<tr>
<td>Concrete is ordered to meet the recommended mix (5.5&quot; - 6.5&quot; slump, 1/2: maximum</td>
</tr>
<tr>
<td>aggregate, proper concrete compressive strength).</td>
</tr>
<tr>
<td>The correct concrete volume is ordered.</td>
</tr>
<tr>
<td>The concrete pump (boom type preferred) is reduced to 3 inches with an &quot;S&quot; bend</td>
</tr>
<tr>
<td>or double &quot;L&quot;</td>
</tr>
<tr>
<td>The corners are securely braced.</td>
</tr>
<tr>
<td>Horizontal and vertical rebar is properly installed to meet the structural design.</td>
</tr>
<tr>
<td>Special cut forms are properly reinforced and braced.</td>
</tr>
<tr>
<td>Bulkheads and intersecting walls are adequately braced.</td>
</tr>
<tr>
<td>Ladders and scaffolding are in place.</td>
</tr>
<tr>
<td>Adequate labor is available.</td>
</tr>
<tr>
<td>The site is organized and clean.</td>
</tr>
<tr>
<td>The concrete pump truck and ready-mix trucks have easy access to the job site.</td>
</tr>
<tr>
<td>If applicable, get building inspector’s and engineer’s approval.</td>
</tr>
<tr>
<td>No construction debris (including saw dust, ICF scraps, blocking materials, or</td>
</tr>
<tr>
<td>tools) have been left in the form cavities.</td>
</tr>
</tbody>
</table>

2. Confirm the concrete order with the dispatcher.
   - Make sure the correct amount of concrete has been ordered, trucks are spaced correctly, and the proper mix design and slump are specified.
   - Order a second truck to be shipped when called. Space all subsequent trucks at 45-minute intervals; holding the final truck on call for any adjusted amount.
   - When ordering, tell them your order will be pumped, it is for an ICF wall, and that you will have to send back any trucks that arrive with more than a 6.5" slump. Add water if necessary at the site to correct the proper slump.
   - Order the correct mix. Work with your ready-mix supplier prior to the pour to make sure they understand the concrete specifications and parameters that ICFs require.

3. Choose the concrete pouring equipment.
Use a line pump or a boom pump to place the concrete. Line pumps, also called trailer pumps, are more labor intensive than boom pumps because the hose must be manually moved and lifted into position. The hourly rates for line pumps are much lower than those for a boom pump, but often the total cost is the same, because they take longer to set up, pump, and take down and they require more manpower. Boom pumps, as shown in Figure 10, can get the job done faster if everyone is properly prepared. Boom pumps are specified by their reach. Most residential jobs use 28, 32, or 36 meter booms. If the boom is much longer than needed, place the truck further from the wall to level out the boom and lower the fall of the concrete.

- Reduce the hose width to at least 3 inches. If possible, use an elbow, rams horn, or other attachment at the end of the hose to break the fall and collect the concrete coming through the boom.
- Use a steady pour rate, not pulsing or stopping and starting. It should take about 20 minutes to pour 8 yards of concrete.
- Be aware of any overhead power lines when working with boom equipment. Under certain temperature and humidity conditions, electricity can jump from overhead lines to the boom with disastrous consequences. If you have any concern, consult the pump company and request that the local utility company shield the lines during the pour.

![Figure 10 - ICF forms are filled with the use of a concrete pumper truck.](image)

4. Manage the pour.
   - Check the concrete in each new truck when it arrives to make sure that the slump is correct. Make sure the pump operator and each ready-mix driver understand that no water is to be added without your approval. A wetter mix will make their job easier but can impact quality. If the concrete arrives too wet, you have to decide to send the truck back or wait until it tightens up. If you decide to pump, know that you cannot do lifts very high and may have to take more laps around the walls. If you need to increase the slump, one gallon of water will increase one cubic yard of concrete by one inch.
   - Be ready to pour when the trucks arrive.
   - Have adequate manpower on hand. Pump day can be exhausting, don't be light on manpower.

<table>
<thead>
<tr>
<th>Table 2. Manpower requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>If you are using a boom pump, you will need:</strong></td>
</tr>
<tr>
<td>1 - pump operator</td>
</tr>
<tr>
<td>1 - hose man</td>
</tr>
<tr>
<td>2 - wall watchers (one inside, one outside)</td>
</tr>
<tr>
<td>1 - utility person for emergencies, contingencies, straightening wall, etc</td>
</tr>
<tr>
<td></td>
</tr>
</tbody>
</table>

5. Have the right tools on hand. A properly equipped team will make the pour easier, more efficient, and result in a cleaner, more professional, finished product.
Table 3. Equipment Needed

<table>
<thead>
<tr>
<th>Equipment Needed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Slump cone</td>
</tr>
<tr>
<td>Gloves</td>
</tr>
<tr>
<td>Brooms</td>
</tr>
<tr>
<td>Hardhats</td>
</tr>
<tr>
<td>5-gallon bucket</td>
</tr>
<tr>
<td>Eye protection</td>
</tr>
<tr>
<td>Plywood for slump test</td>
</tr>
<tr>
<td>Long sleeved shirts &amp; long pants</td>
</tr>
<tr>
<td>Trowels</td>
</tr>
<tr>
<td>Sunscreen</td>
</tr>
<tr>
<td>Hand tools</td>
</tr>
<tr>
<td>Shovels</td>
</tr>
<tr>
<td>Rinsing water</td>
</tr>
</tbody>
</table>

6. Pour the concrete.
   - Make sure your scaffolding or walk boards (or other method of getting around the top of the wall) are correct and safe. Raise the scaffolding as needed so the hose man is standing at approximately waist height to the top of the wall. If the top of the wall is above the waist, handling the hose is very fatiguing and the hose man will not be able to see both sides of the wall (See Figure 11).

   ![Figure 11 - Scaffolding is continually raised as courses of foam brick are added so that the pour man can see both sides of the wall during the pour.](image)

   - Have a second person with the hose man to tell him where the concrete is in each section and when to move.
   - With the first yard start the fill below a window so you can see the mix and slump; or begin near a corner with a window within 4 feet. Avoid placing concrete directly into the corners. Fill by moving toward the window and watch the concrete fill up to the bottom of the window, then move to the other side of the window starting approximately 4 feet away and fill back toward the window to lock in the other side. As a precautionary measure, you can pump the first yard back into the ready-mix truck and blend it with the 6 or more yards remaining in the mixer, after the pump operator has already primed out.
   - Plan to get beyond the 32-in. level (above the seam of the second course of forms) with the first lift. Most houses, up to a 12-foot wall height, will require three passes for a complete fill.
   - Have someone trail the hose man to scrape and shake any concrete that may build up on the top of the forms or sit on top of the rebar. This will help prevent voids.
   - While filling the walls on the second pass, do not fill too close to the top; stay at least 24 inches down from the top course and do not fill over doors and windows until the last pass. One exception to this rule is that on deep lintels (over 32 inches), you may want to pour a small amount to begin to form the lintel and load the window.
   - For the last pass, to the top of the wall, you may want to increase the slump by adding water. The increase in slump will allow you to more effectively fill the top of the wall and will give you more time to trowel the top of the wall and set straps or anchor bolts. Tap or vibrate the outside of the wall for proper consolidation, especially over lintels where extra rebar and stirrups can prevent good compaction.

7. Fix blowouts.
Pay close attention when pouring to avoid over-pouring and bulges or blowouts. Blowouts in ICFs are simple to fix. Blowouts often occur where the foam is damaged and not patched or when there is too much water in the cement mix.

To repair, clean up the spillage and place the broken foam pieces back in the wall. Cover the damaged area with a piece of half-inch OSB and screw the OSB to the furring strips. For larger blowouts, place pieces of OSB on both sides of the wall at the location of the blowout. Clamp them in place with a threaded-bar inserted through the wall and both pieces of OSB.

8. Perform a final inspection and cleanup.
   - Inspect the job to see if you have missed anything.
   - Check to see if the walls have moved (the earlier in the pour you notice a bow, the easier it is to correct).
   - Confirm that you have good fill. Cross check the amount of yardage you estimated the walls would require with the load tickets, and know how much yardage you may have left over. Having a yard or two extra is less costly than bringing a truck back with one or two yards.
   - Did you over-fill at a door threshold location or forget a beam pocket? It will be easier to dig out the concrete today than it will be tomorrow.

**Installing Utilities and Attaching Cladding and Interior Finish Material**

- Install wiring and plumbing in recesses cut into the foam after the concrete has been poured (Figure 12). Be sure to cover with metal plates to avoid nailing into wires.

![Figure 12](image12.jpg)

*Figure 12 - Utilities are commonly recessed into cutouts in the foam after concrete has been poured.*

- Apply waterproofing on the exterior side of any sub-grade structure to prevent water intrusion (see Figure 13).

![Figure 13](image13.jpg)

*Figure 13 - Install waterproofing on portions of the ICF that will be below grade. The waterproofed R-25 ICF blocks shown here are installed starting 30 inches below grade to provide a frost-protected foundation and perimeter insulation for the slab floors of this cold climate home.*
• Attach interior drywall and exterior cladding finishes to the flat ends of metal or plastic ties embedded in the rigid foam. Finishes can also be furred out. Gypsum drywall is the most common interior finish and meets the code requirement for a 15-minute fire barrier over plastic foams surrounding living spaces. Exterior claddings are much more varied but regardless of the cladding type, a drainage layer is recommended between the ICFs and the exterior cladding.
Ensuring Success

Use crews that are trained in insulated concrete form (ICF) construction. Before concrete is poured, the site supervisor should inspect the ICF forms to ensure that they are properly installed and well supported and should measure to ensure that blocked openings are properly sized and correctly placed for doors, windows, penetrations, and mounting elements for floors and roofs. Infrared scans can be performed during construction to verify that the concrete layer is consistent.
Climate

Accommodations must be made when pouring concrete in below-freezing conditions, but once in the forms concrete cures slowly and stays hydrated to produce a very strong assembly.
Training

Right and Wrong Images

Display Image: ES_TESRC_4.4.3_PG100_184b_102811_0.jpg
CAD

CAD FILE: TE443_ICF_CAD1_ARXX_2-18-13.dwg
PDF: TE443_ICF_CAD1_ARXX_2-18-13.pdf

CAD FILE: TE443_ICF_CAD2_ARXX_2-18-13.dwg
CAD FILE: TE443_ICF_CAD3_ARXX_2-18-13.dwg
PDF: TE443_ICF_CAD3_ARXX_2-18-13.pdf

CAD FILE: TE443_ICF_CAD5_ARXX_2-18-13.dwg
PDF: TE443_ICF_CAD5_ARXX_2-18-13.pdf
The Compliance tab contains both program and code information. Code language is excerpted and summarized below. For exact code language, refer to the applicable code, which may require purchase from the publisher. While we continually update our database, links may have changed since posting. Please contact our webmaster if you find broken links.

ENERGY STAR Certified Homes, Version 3/3.1 (Rev. 09)

Rater Field Checklist

Thermal Enclosure System.

3. Reduced Thermal Bridging.
3.4 At above-grade walls separating conditioned from unconditioned space, one of the following options used (rim / band joists exempted):16
3.4.2 Structural Insulated Panels OR; Insulated Concrete Forms OR; Double-wall framing OR; Double-wall framing OR;17, 20

Please see the ENERGY STAR Certified Homes Implementation Timeline for the program version and revision currently applicable in your state.

DOE Zero Energy Ready Home (Revision 07)

Exhibit 1 Mandatory Requirements.
Exhibit 1, Item 1) Certified under the ENERGY STAR Qualified Homes Program or the ENERGY STAR Multifamily New Construction Program.
Exhibit 2, Item 2) Ceiling, wall, floor, and slab insulation shall meet or exceed 2015 IECC levels and achieve Grade 1 installation, per RESNET standards.

ASTM E2634-11

Standard for Flat Wall Insulating Concrete Form (ICF Systems). This Specification is intended to apply to ICF Systems that will act as permanent formwork for cast-in-place reinforced concrete beams; lintels; exterior and interior, above and below grade bearing and non-bearing walls; foundation; and retaining walls. In addition, this Specification is restricted to ICF Systems with a resultant uniform monolithic concrete core.

2009, 2012, 2015, and 2018 IECC

ICFs are not specifically addressed in the IECC.


Although insulated concrete forms are addressed in the IRC in Section R611 (R608 in 2015 and 2018 IRC), thermal bridging is not specifically addressed.

2015 and 2018 IRC

Flat ICF wall system forms must conform to ASTM E2634.


Section N1101.3 (Section N1107.1.1 in 2015 and 2018 IRC). Additions, alterations, renovations, or repairs shall conform to the provisions of this code, without requiring the unaltered portions of the existing building to comply with this code. (See code for additional requirements and exceptions.)

Appendix J regulates the repair, renovation, alteration, and reconstruction of existing buildings and is intended to encourage their continued safe use.
Access to some references may require purchase from the publisher. While we continually update our database, links may have changed since posting. Please contact our webmaster if you find broken links.

Case Studies

   - **Author(s):** PNNL
   - **Organization(s):** PNNL
   - **Publication Date:** January, 2013

2. **DOE Zero Energy Ready Home Case Study 2013: e2 Homes, Winter Park, Florida**
   - **Author(s):** PNNL
   - **Organization(s):** PNNL
   - **Publication Date:** January, 2013
   - Case study of a DOE Challenge Home in Winter Park FL that scored HERS 57 without PV or HERS -7 with PV. This 4,305 ft² custom home has autoclaved aerated concrete walls, a sealed attic with R-20 spray foam, and ductless mini-split heat pumps.

3. **New Whole-House Solutions Case Study: Devoted Builders, LLC, Mediterranean Villas, Pasco, WA**
   - **Author(s):** PNNL
   - **Organization(s):** PNNL
   - **Publication Date:** February, 2013
   - Case study about 50% energy savings projects for new multifamily homes in cold climates.

4. **Technology Solutions Case Study: Insulating Concrete Forms**
   - **Author(s):** PNNL
   - **Organization(s):** PNNL
   - **Publication Date:** October, 2012
   - Case study about incorporating insulating concrete forms (ICFs) into new home design and construction.

References and Resources*

1. **2009 IRC - International Residential Code for One and Two Family Dwellings**
   - **Author(s):** International Code Council
   - **Organization(s):** ICC
   - **Publication Date:** January, 2009
   - Code for residential buildings that creates minimum regulations for one- and two-family dwellings of three stories or less. It brings together all building, plumbing, mechanical, fuel gas, energy and electrical provisions for one- and two-family residences.

2. **2012 IRC - International Residential Code for One and Two Family Dwellings**
   - **Author(s):** International Code Council
   - **Organization(s):** ICC
   - **Publication Date:** January, 2012
   - Code for residential buildings that creates minimum regulations for one- and two-family dwellings of three stories or less. It brings together all building, plumbing, mechanical, fuel gas, energy and electrical provisions for one- and two-family residences.

3. 
2015 IRC - International Residential Code for One and Two Family Dwellings
Author(s): International Code Council
Organization(s): ICC
Publication Date: May, 2014
Code for residential buildings that creates minimum regulations for one- and two-family dwellings of three stories or less. It brings together all building, plumbing, mechanical, fuel gas, energy and electrical provisions for one- and two-family residences.

4. 2018 IRC - International Residential Code for One and Two Family Dwellings
Author(s): International Code Council
Organization(s): ICC
Publication Date: August, 2017
Code for residential buildings that creates minimum regulations for one- and two-family dwellings of three stories or less. It brings together all building, plumbing, mechanical, fuel gas, energy and electrical provisions for one- and two-family residences.

5. Concrete Homes
Author(s): Portland Cement Association
Organization(s): Portland Cement Association
Publication Date: January, 2012
Information sheet discussing the properties and benefits of insulating concrete forms.

6. Contractors Corner, ICF Builder Magazine
Author(s): ICF Builder
Organization(s): ICF Builder
Publication Date: January, 2012
Information sheet discussing myths about insulated concrete forms.

7. DOE Zero Energy Ready Home National Program Requirements (Rev. 07)
Author(s): U.S. Department of Energy
Organization(s): DOE
Publication Date: May, 2019
Standard requirements for DOE's Zero Energy Ready Home national program certification.

8. Enclosures that Work: High R-Value Wall Assembly-07: ICF Wall Construction
Author(s): Building Science Corporation
Organization(s): Building Science Corporation
Publication Date: June, 2009
Information sheet discussing the properties and benefits of insulating concrete forms.

9. ENERGY STAR Certified Homes, Version 3/3.1 (Rev. 09) National Program Requirements
Author(s): U.S. Environmental Protection Agency
Organization(s): EPA
Publication Date: September, 2018
Webpage with links to documents providing the program requirements and checklists for ENERGY STAR Certified Homes (Ver. 3/3.1, Rev. 09).

10. Field Energy Performance of an Insulating Concrete Form (ICF) Wall
Author(s): Maref, Armstrong, Saber, Rousseau, Ganapathy, Nicholls, Swinton
Organization(s): National Research Council Canada
Publication Date: March, 2012
Research study evaluating the dynamic heat transmission characteristics through two identical Insulating Concrete Form (ICF) wall assemblies in Ottawa, Canada.

11. Field Validation of ICF Residential Building Thermal Mass, Air-Tightness and Ground-Coupling
Author(s): Desjarlais, Kosny, Christian
Organization(s): Oak Ridge National Laboratory
Publication Date: December, 2001
Presentation about results from an insulating concrete form energy efficiency study in Knoxville, TN.

12. FOLD-FORM Insulated Concrete Forms
Author(s): Owens Corning
Organization(s): Owens Corning
Publication Date: January, 2007
Information sheet with manufacturer specifications about insulated concrete forms.
14. **How Insulating Concrete Form vs. Conventional Construction of Exterior Walls Affects Building Energy Consumption**
   - **Author(s):** Petrie, Kosny, Desjarlais, Atchley, Childs, Ternes, Christian
   - **Organization(s):** Oak Ridge National Laboratory
   - **Publication Date:** January, 2003

15. **HVAC Sizing for Concrete Homes**
    - **Author(s):** Portland Cement Association
    - **Organization(s):** Portland Cement Association

16. **ICF Installer Training Workbook**
    - **Author(s):** ARXX Building Products
    - **Organization(s):** ARXX Building Products

17. **ICF Technologies: Thermal Mass and Its Effect on the Whole Building Energy Performance**
    - **Author(s):** Sculthorpe
    - **Organization(s):** Oak Ridge National Laboratory
    - Report summarizing a workshop to initiate a professional discussion about eventual benefits of the application of massive technologies in US buildings.

18. **ICF Wall Construction**
    - **Author(s):** Building Science Corporation
    - **Organization(s):** Building Science Corporation
    - **Publication Date:** June, 2009
    - Information sheet summarizing ICF wall construction including the advantages and disadvantages of this construction strategy.

19. **ICFs, Termites and the Code**
    - **Author(s):** Insulated Concrete Forms Association
    - **Organization(s):** Insulated Concrete Forms Association
    - **Publication Date:** January, 2008
    - Document with information on preventing termites when using ICFs.

20. **Insulating Concrete Forms (ICF)**
    - **Author(s):** NAHB Research Center
    - **Organization(s):** NAHB Research Center
    - **Publication Date:** January, 2001
    - Information sheet with construction details, pros and cons of insulated concrete forms.

21. **Performance Check Between Whole Building Thermal Performance Criteria and Exterior Wall Measured Clear Wall R-Value**
    - **Author(s):** Kosny, Christian, Desjarlais, Kossecka, Berrenberg
    - **Organization(s):** ASHRAE
    - Website providing information about the American Society of Heating, Refrigerating and Air-Conditioning Engineers (ASHRAE).

22. **Pump Day Procedures**
    - **Author(s):** ICF Systems
    - **Organization(s):** Massachusetts Building Products
    - **Publication Date:** January, 2013
    - Information sheet including a checklist of steps to follow for pouring concrete.

    - **Author(s):** National Renewable Energy Laboratory
    - **Organization(s):** NREL
    - **Publication Date:** December, 2008
    - Case study of new home construction in the hot-dry and mixed-dry climate zones.

24.
Guide describing details that serve as a visual reference for each of the line items in the Thermal Enclosure System Rater Checklist.

25. Thermal Performance and Wall Ratings
Author(s): Christian, Kosny
Organization(s): Oak Ridge National Laboratory
Publication Date: March, 1996
Report proposing a procedure for estimating the whole opaque wall R-value (whole-wall R-value), independent of system type and construction materials.

*Publication dates are shown for formal documents. Dates are not shown for non-dated media. Access dates for referenced, non-dated media, such as web sites, are shown in the measure guide text.

Contributors to this Guide
The following authors and organizations contributed to the content in this Guide.

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